20 Lessons from the 20th Century About How to Defend Democracy from Authoritarianism, According to Yale Historian Timothy Snyder

*in History* | January 20th, 2017

*Image by Rob Kall, via Flickr Commons*

**Timothy Snyder**, Housum Professor of History at Yale University, is one of the foremost scholars in the U.S. and
Europe on the rise and fall of totalitarianism during the 1930s and 40s. Among his long list of appointments and publications, he has won multiple awards for his recent international bestsellers *Bloodlands: Europe between Hitler and Stalin* and last year’s *Black Earth: The Holocaust as History and Warning*. That book in part makes the argument that Nazism wasn’t only a German nationalist movement but had global colonialist origins—in Russia, Africa, and in the U.S., the nation that pioneered so
many methods of human extermination, racist dehumanization, and ideologically-justified land grabs.

The hyper-capitalism portrayed in the U.S.—even during the Depression—Snyder writes, fueled Hitler’s imagination, such that he promised Germans “a life comparable to that of the American people,” whose “racially pure and uncorrupted” German population he described as “world class.” Snyder describes Hitler’s ideology as a myth of racialist struggle in which “there are really no values in the world except for the stark reality that we are born in order to take things from other people.” Or as we often hear these days, that acting in accordance with this principle is the “smart” thing to do. Like many far right figures before and after, Hitler aimed to restore a state of nature that
for him was a perpetual state of race war for imperial dominance.

After the November election, Snyder wrote a profile of Hitler, a short piece that made no direct comparisons to any contemporary figure. But reading the facts of the historical case alarmed most readers. A few days later, the historian appeared on a *Slate* podcast to discuss the article, saying that after he submitted it, “I realized there was more…. there are an awful lot of echoes.” Snyder admits that history doesn’t actually repeat itself. But we’re far too quick, he says, to dismiss that idea as a cliché “and not think about history at all. History shows a range of possibilities.” Similar events occur across time under similar kinds
of conditions. And it is, of course, possible to learn from the past.

If you’ve heard other informed analysis but haven’t read Snyder’s *New York Review of Books* columns on fascism in Putin’s Russia or the former Yanukovich’s Ukraine, or his long article “Hitler’s World May Not Be So Far Away,” you may have seen his widely-shared Facebook post making the rounds. As he argued in *The Guardian* last September, today we may be “too certain we are ethically superior to the Europeans of the 1940s.” On November, 15, Snyder wrote on Facebook that “Americans are no wiser than the Europeans who saw democracy yield to fascism, Nazism, or communism.” Snyder has been criticized for conflating these regimes, and rising “into the top rungs of punditdom,” but
when it comes to body counts and levels of suppressive malignancy, it’s hard to argue that Stalinist Russia, any more than Tsarist Russia, was anyone’s idea of a democracy.

Rather than making a historical case for viewing the U.S. as exactly like one of the totalitarian regimes of WWII Europe, Snyder presents 20 lessons we might learn from those times and use creatively in our own where they apply. In my view, following his suggestions would make us wiser, more self-aware, proactive, responsible citizens, whatever lies ahead. Read Snyder’s lessons from his Facebook post below and consider pre-ordering his latest book *On Tyranny: Twenty Lessons from the Twentieth Century*: 

1. Do not obey in advance. Much of the power of authoritarianism is freely given. In times like these, individuals think ahead about what a more repressive government will want, and then start to do it without being asked. You’ve already done this, haven’t you?

Stop. Anticipatory obedience teaches authorities what is possible and accelerates unfreedom.

2. Defend an institution. Follow the courts or the media, or a court or a newspaper. Do not speak of “our institutions” unless you are making them yours by acting on their behalf. Institutions don’t protect themselves. They go down like dominoes unless each is defended from the beginning.

3. Recall professional ethics. When the leaders of state set a negative example, professional commitments to just practice become much more important. It is hard to break a rule-of-law state without lawyers, and it is hard to have show trials without judges.

4. When listening to politicians, distinguish certain words. Look out for the expansive use of “terrorism” and “extremism.” Be alive to the fatal notions of “exception” and “emergency.” Be angry about the treacherous use of patriotic vocabulary.

5. Be calm when the unthinkable arrives. When the terrorist attack comes, remember that all authoritarians at all times either await
or plan such events in order to consolidate power. Think of the Reichstag fire. The sudden disaster that requires the end of the balance of power, the end of opposition parties, and so on, is the oldest trick in the Hitlerian book. Don’t fall for it.

6. Be kind to our language. Avoid pronouncing the phrases everyone else does. Think up your own way of speaking, even if only to convey that thing you think everyone is saying. (Don’t use the internet before bed. Charge your gadgets away from your bedroom, and read.) What to read? Perhaps “The Power of the Powerless” by Václav Havel, 1984 by George Orwell, The Captive Mind by Czesław Milosz, The Rebel by Albert Camus, The Origins of Totalitarianism by Hannah Arendt, or Nothing is True and Everything is Possible by Peter Pomerantsev.

7. Stand out. Someone has to. It is easy, in words and deeds, to follow along. It can feel strange to do or say something different. But without that unease, there is no freedom. And the moment you set an example, the spell of the status quo is broken, and others will follow.

8. Believe in truth. To abandon facts is to abandon freedom. If nothing is true, then no one can criticize power, because there is no basis upon which to do so. If nothing is true, then all is spectacle. The biggest wallet pays for the most blinding lights.
9. Investigate. Figure things out for yourself. Spend more time with long articles. Subsidize investigative journalism by subscribing to print media. Realize that some of what is on your screen is there to harm you. Learn about sites that investigate foreign propaganda pushes.


11. Make eye contact and small talk. This is not just polite. It is a way to stay in touch with your surroundings, break down unnecessary social barriers, and come to understand whom you should and should not trust. If we enter a culture of denunciation, you will want to know the psychological landscape of your daily life.

12. Take responsibility for the face of the world. Notice the swastikas and the other signs of hate. Do not look away and do not get used to them. Remove them yourself and set an example for others to do so.

13. Hinder the one-party state. The parties that took over states were once something else. They exploited a historical moment to
make political life impossible for their rivals. Vote in local and
state elections while you can.

14. Give regularly to good causes, if you can. Pick a charity and
set up autopay. Then you will know that you have made a free
choice that is supporting civil society helping others doing
something good.

15. Establish a private life. Nastier rulers will use what they know
about you to push you around. Scrub your computer of malware.
Remember that email is skywriting. Consider using alternative
forms of the internet, or simply using it less. Have personal
exchanges in person. For the same reason, resolve any legal
trouble. Authoritarianism works as a blackmail state, looking for
the hook on which to hang you. Try not to have too many hooks.

16. Learn from others in other countries. Keep up your friendships
abroad, or make new friends abroad. The present difficulties here
are an element of a general trend. And no country is going to find
a solution by itself. Make sure you and your family have
passports.

17. Watch out for the paramilitaries. When the men with guns who
have always claimed to be against the system start wearing
uniforms and marching around with torches and pictures of a
Leader, the end is nigh. When the pro-Leader paramilitary and the
official police and military intermingle, the game is over.

18. Be reflective if you must be armed. If you carry a weapon in
public service, God bless you and keep you. But know that evils of
the past involved policemen and soldiers finding themselves, one
day, doing irregular things. Be ready to say no. (If you do not
know what this means, contact the United States Holocaust
Memorial Museum and ask about training in professional ethics.)

19. Be as courageous as you can. If none of us is prepared to die
for freedom, then all of us will die in unfreedom.

20. Be a patriot. The incoming president is not. Set a good
example of what America means for the generations to come. They
will need it.

via Kottke

Related Content:

Umberto Eco Makes a List of the 14 Common Features of Fascism

George Orwell’s Final Warning: Don’t Let This Nightmare Situation Happen. It Depends on You!
Watch “Don’t Be a Sucker!,” the 1947 US Government Anti-Hatred Film That’s Relevant Again in 2016

*Josh Jones is a writer and musician based in Durham, NC. Follow him at* @jdmagness

by Josh Jones | Make a Comment (7)

---

**Previous Post**

**Next Post**

Comments (7)

*Karen Coyle says . . .*  
January 20, 2017 / 10:03 am  
3.a Library Bill of Rights. Point IV: IV. Libraries should cooperate with all persons and groups concerned
with resisting abridgment of free expression and free access to ideas.

http://www.ala.org/advocacy/intfreedom/librarybill

Support your libraries; free people read freely!

Stu says . . .
January 21, 2017 / 6:37 am
Timothyh Snyder? The same bombastic warmonger teaching us on democracy? Accept Trump and move for crying out loud!

azteclady says . . .
January 21, 2017 / 10:17 am
Supporting public libraries, and fighting to keep them not only open, but operating equally for everyone, it more important than ever.

emilio murillo says . . .
January 21, 2017 / 1:39 pm
number 18 is dangerous, the police will be on our side unless they see us as dangerous to them. we are not in nazi germany yet, the gun idea will give the police that hold on to law and order as way to understand society, no choice but to take the other side as protection

azteclady says . . .
January 22, 2017 / 12:41 am
Have you seen the videos of police brutality against minorities that have been broadcasted/streamed for the past two and half to three years? Have you seen what is happening right now to the peaceful protesters around Standing Rock?

The police is no more a monolithic entity than women, or liberals, or Jews, or any other group are. Some of them are decent people, but most
of them prefer to keep quiet rather than rock the boat.

We already live in a country where many cops—indeed, entire police department—feel justified in denying citizens their legal rights, and where the courts tend to privilege cops’ rights over those of the rest of the citizenry.

This situation will not improve, just the contrary, until this President.

_Dennis says . . ._  
January 22, 2017 / 5:17 am  
Would have been a better read 8 years ago.  
Each side sees what they fear in their opponent I suppose.

_d. miller says . . ._  
February 1, 2017 / 6:41 am
I will never in my life just fall over backwards and accept any Republicans views ever. History shows that they look after their own monied kind. tRUMP being the prime examples these days as a politician who is after the “liberal agenda”. As a female no one is going to deny me the right to an abortion basically because what does a male know really about delivering a child. I become pro choice when one of my brothers announced to me that women do have abortions via a knitting needle if they want it. Too, I think that men should be required to say to a female contraception or not!!

Add A Comment

YOUR NAME
20 Lessons from the 20th Century About How to Defend Democracy from Authoritarianism, According to Yale Historian Timothy Snyder Open Culture

YOUR E-MAIL

YOUR WEBSITE (OPTIONAL)

MESSAGE

Search Our Archives

About Us

Open Culture editor Dan Colman scours the web for the best cultural and educational media. He finds the books you want, the classes you need, and plenty of enlightenment in between.

: Switch To Desktop Version